

**Helping Hands
Colorado Springs Community Resources**

Child Care Information

Colorado Child Care Assistance Program (to apply)..... 444-8178
Pikes Peak Region Family Child Care Assn..... 475-8828

Clothing and Infant Supplies

American Charities (80909)..... 646-3922
Catholic Charities
 Marian House Life Support Ser.(Kids) 578-1222
Catholic Charities
 Hanifen Center @ Marian House (Adult) 477-9365
Crossfire Ministries 447-1806
Disabled American Veteran's Store..... 636-2537
Eastern El Paso Comm. Center
 (Eastern El Paso Cty).....347-2976
Ecumenical Social Ministries (80903, 05, 06, 07, 09, 10, 16,
..... 636-1916
Goodwill Stores, 2304 W. Colorado Ave..... 633-8794
 S. Circle, East of I-25 635-1215
 6725 Camden Blvd. Fountain 392-5744
 2655 Waynoka Place 570-9223
 1070 Kelly Johnson Blvd..... 531-9173
Mercy's Gate 277-7470
REACH Pikes Peak (Fountain office) 382-8515
Salvation Army (no vouchers)..... 636-3891
Seventh Day Adventist Comm. Center..... 634-1682
Springs Rescue Mission 632-1822

Crisis Centers

Aspen Pointe (Crisis danger to self) 844-493-8255
Domestic Violence (TESSA) (24-hrs.) 633-3819
Detox Center 390-2046 or 2047
Emergency 911
Lighthouse Crisis Center 844-493-8255
Sexual Assault (TESSA) 633-3819

Emergency Services

Adult Protective Services 444-5755
Aspen Pointe (mental health crisis)..... 888-493-8255
Catholic Charities (Marian Center @ Marian House) 477-9365
Child Abuse Program (24 hour) 444-5700
C.S.P.D. (Victim Advocacy)..... 444-7777
Colorado State Patrol 635-0385
Dept. of Human Services 636-0000
KPC Respite Center 634-5439
Planned Parenthood..... 475-7162
Sheriff's Department..... 520-7100
Silver Key Senior Services 884-2350

Employment and Training

Colo. Div. of Vocational Rehabilitation..... 635-3585
Career Development Program 444-5000
Catholic Charities English as a Second Language866-6516
Catholic Charities
 Hanifen Center @ Marian House..... 477-9365
Ecumenical Social Ministries 636-1916
Pikes Peak Workforce Center..... 667-3700
Senior Community Serv. Employment Program
 (AARP).....635-3579
Urban League 634-1525

Vocational Rehabilitation (disabled) 635-3585
Women's Resource Agency..... 471-3170

Financial Assistance

Catholic Charities Hanifen Center @ Marian House.. 477-9365
Ecumenical Social Ministries (80903, 05, 06, 07, 09, 10, 16, 26)
.....636-1916
Mercy's Gate 277-7470
REACH Pikes Peak (Fountain office) 382-8515
 Weber office 358-8396
 Calhan office.....347-2976
Silver Key Senior Services 884-2300
Tri-Lakes Cares (Tri-Lakes area and District 38)..... 481-4864
Westside Cares 389-0759

Food

American Charities (80909)..... 646-3922
Black Forest Lutheran Church (80908)..... 495-2221
REACH Pikes Peak (Fountain office) 382-8515
 Weber office 358-8396
Catholic Charities Hanifen Center @ Marian House (food
boxes).....477-9365
Catholic Charities Marian House Soup Kitchen (Hot daily
meals).477-9365
Corpus Christi Catholic Church (80903, 05, 07, 09) 633-1457
Crossfire Ministries 447-1806
Deerfield Hills Community Center..... 385-5996
Divine Redeemer Catholic Church (80907, 09, 10, 15, 16, 17)
.....633-5559
Eastborough Food Pantry (80903, 07, 09, 10, 15, 17, 18).. 596-1929
Ecumenical Social Ministries (80903, 05, 06, 07, 09, 10, 16, 26)
..... 636-1916
Ellicott Helping Hands (Rush, Peyton, Yoder, Ramah)..... 683-3240
Fountain Valley 382-1182
Golden Circle 387-6757 or 6734
Good News Foundation..... 638-8985
Good Shepherd United Meth. Church..... 392-5782
Helping Hands (Falcon) 749-2090
High Plains Helping Hands (Falcon, Peyton areas) 749-2146
Holy Cross Lutheran Church (80909, 15, 16)..... 596-0661
Life Support Program..... 578-1222
Manna Ministries 635-1057
Marian Soup Kitchen 475-7314
Meadows Park Community Center..... 385-7940
Mercy's Gate 277-7470
Mountain View Presbyterian Church 632-9664
REACH Pikes Peak (Fountain Office) 382-8515
Rural Area Meals Program (RAMP) 520-6471
Salvation Army..... 636-3891
Salvation Army Fountain Valley 382-1182
Seventh Day Adventist Comm. Center..... 634-1682
Silver Key Senior Services 884-2300
Springs Rescue Mission 632-1822
St. Dominic Catholic Church 392-7653
St. John's Food Pantry 633-7017
St. Patrick's Catholic Church 598-3595
The Food Pantry 593-2433

Call 211 from your home phone or call 955-0742 from your cell phone for resource referrals within El Paso County

Tri-Lakes Cares (Tri-Lakes area and District 38)..... 481-4864
 Trinity United Methodist Church 575-9287
 True Spirit Baptist Church 575-9287
 Westside Cares 389-0759
 W.I.C. Program, El Paso County Health 578-3225

Legal Information and Advice

Catholic Charities Hanifen Center @ Marian House... 477-9365
 Catholic Charities (Legal Immigration Counseling)... 866-6515
 Child Support Services (Young Williams)..... 457-6331
 Colorado Child Protection Ombudsman 303-864-5111
 Colorado Legal Services 471-0380
 Consumer Credit Counseling Services 576-0909
 El Paso Cty. Bar Assoc. Lawyer Referral Service 636-1532
 Mercy's Gate 277-7470
 Neighborhood Justice Center 520-6016
 Ombudsman (Long Term Care Facilities) 471-7080
 State Protective & Advocacy (disabled)..... 1-800-288-1376
 TESSA (Domestic Violence) 633-1462
 The Arc (Dev. Disabled) 471-4800

Medical

AIDS/Info. - Southern Colo. AIDS Project..... 578-9092
 Catholic Charities Hanifen Center @ Marian House..... 475-7314
 Center on Hearing, Speech & Language 597-3390
 DNA Testing 457-6331
 Dream Center 247-2007
 El Paso County Public Health 578-3199
 Ecumenical Social Ministries..... 636-1916
 Health Colorado 1-888-367-6557
 Homeless Clinic 471-2789
 LifeLine..... 1-800-684-3302
 Peak Vista Community Health Centers 632-5700
 Memorial Hospital Health Link..... 444-2273
 Medicaid Information 1-800-221-3943
 Medicine Shoppe 2431 N. Union..... 630-3154
 3159 W. Colorado Ave. 475-9030
 2306 N. Wasatch..... 471-3600
 1625 Medical Center Pt. 577-9800
 Memorial Hospital..... 365-5000
 Mission Medical..... 219-3402
 Open Bible..... 475-0972
 PPACG Dental 471-7080
 Peak Vista Dental Health Center..... 475-0783
 Penrose - St. Francis Hospital 776-5000
 Pikes Peak Partnership 633-4601
 Planned Parenthood
 3480 Centennial Blvd..... 475-7162
 Rocky Mountain Health Care..... 457-0660
 SET Family Medical Clinics..... 776-8850
 Social Security..... 1-800-772-1213
 Westside Cares 389-0759
 Your Child's Eyes Vision Center..... 329-1221

Misc. Counseling

Aspen Pointe 572-6100
 Catholic Charities Life Connections Pathways to Healing
 866-6535
 Center on Fathering 634-7797

Consumer Credit Counseling Services 576-0909
 Domestic Violence (TESSA) 633-1462
 El Paso County Public Health 578-3199
 Genetic Counseling (Memorial Hospital) 365-5960
 Harbor House Clinic..... 473-5557
 Independence Center (Disabled)..... 471-8181
 Lutheran Family Services
 (Pregnancy, Parenting & Adoption Services)..... 227-7571
 Neighborhood Justice Center 520-6016
 Norvell Simpson Community Center 385-7910
 PPACG..... 471-7080
 Restoration Church..... 382-8331
 Silver Key Senior Services 884-2350
 Vocational Rehabilitation (Disabled)..... 635-3585

Shelter

Bijou House (Transitional housing)..... 578-1629 or 635-5078
 Colo. Coalition for the Homeless (303) 293-2217
 Dream Centers, Mary's Home
 (Transitional families)..... 301-5411
 Family Promise (Short term transitional housing for families)329-1244
 Gospel Homes for Women
 (Christian Home for Women)..... 291-3406
 Greccio Housing 475-1422
 Harbor House Residential (Sober living)..... 473-5557
 Housing Authority 387-6700
 Housing Authority (Calhan) 347-2616
 Housing Authority (Fountain)..... 382-5639
 Housing First 375-8794
 Partners in Housing 473-8890
 Salvation Army RJ Montgomery Center (Shelter) 578-9190
 Salvation Army (Transitional housing)..... 635-1287
 Salvation Army Winter Warming Shelter(Nov.-Apr)..... 578-9190
 The Resource Exchange (Dev. Disabled) 380-1100
 Urban Peak (Youth ages 15-20)
 Daytime number..... 630-3223
 After hours number 205-7129

Transportation

Amblicab Para Transit (Disabled)..... 633-4677
 Calhan Senior Services (Seniors) 347-2376
 Fountain Valley Senior Center (Seniors)..... 520-6471
 Medicaid Transportation 520-6905
 Silver Key Para Transit (Seniors) 884-2380
 Springs Mobility Para Transit (Disabled) 392-2396

Weatherization and Utilities

Black Forest Cares..... 495-2221
 Catholic Charities
 (Hanifen Center @ Marian House)..... 578-1222
 Colorado Telephone Assistance Program.... 1-800-782-0721
 Eastern El Paso Comm. Center
 (Eastern El Paso Cty)..... 347-2976
 Ecumenical Social Ministries (80903, 05, 06, 07, 09, 10, 16, 26)
 636-1916
 Energy Resource Center 591-0772
 Fountain Valley 382-1182
 Holy Cross Lutheran Church (80909, 15, 16)..... 596-0661
 LEAP..... 442-0007
 Mercy's Gate 277-7470

Weatherization and Utilities

REACH Pikes Peak (Fountain office)..... 382-8515
Red Cross 632-3563
Salvation Army..... 635-2213
Salvation Army..... 382-1182
Silver Key Senior Services 884-2300
Telephone Assistance Program 1-800-782-0721
Tri-Lakes Cares (Tri-Lakes area and District 38)..... 481-4864
Westside Cares 389-0759

Senior Services

PPACG- Area Agency on Aging.....471-7080
 Senior Information and Assistants471-2096
Ombudsman (Long Term Care Facilities Advocates).....471-2096
Care Giving Support Center.....471-2096
Salvation Army Senior Center (Meals & activities).....636-3891
Senior Victim Assistance Team
 (SVAT) (CSPD).....444-7438
Senior Community Serv. Employment Program
 (AARP)635-3579
Silvercrest (Low income senior housing).....389-0329
Silver Key Senior Services.....884-2300
211 PPUW – information resource.....211 or
 From you cell phone.....955-0742